

On February 28, from 9 am-11am, participants will swim as many lengths as possible. Swimmers can take breaks and are welcome to use kickboards. Pre-C and some C-squad swimmers may also use flippers.

All swimmers must bring their own counters (ie. mom or dad) to the Swim-a-thon!

Flat Rate Pledge Due Date

February 26-27, 4:30pm- 5:30pm (this is before the Swim-a-thon).

For those who can not get pledges in on this date, please bring them in on February 28, the day of the Swim-a-thon.

Per Lap Pledge Due Date

March 13th, 4:30pm-5:30pm.

Pledges will be accepted after the March 13th deadline, **but will not count towards the swimmers over all pledges raised.**

For questions about turning in pledges, contact our pledge collector, Kim Sundberg.

Note about prizes: all prizes except the \$100 grab bag, will be awarded during the end of season banquet.

Prizes and Drawings Awarded During Swim-a-thon

Weekly Drawings

There will be one drawing per week starting January 26th. To participate in the drawings, swimmers must bring in their current pledge sheet so the pledge collector can check-off the pledges received. **No money will be collected at this time.**

Pledge turn-in times:

Wed thru Fri, 4:30-5:30, when team manager is available.

Drawing dates:

January 30
February 6, 13, 20 and 27

Benchmark Prizes

Awards will be given to swimmers who reach certain fundraising goals. These are as follows:

\$100 Bench Mark

Grab bag - full of fun stuff.

\$300 Bench Mark (pick one)

Two fun swim t-shirts or TYR sandals.

\$500 Bench Mark (pick one)

Speedo backpack or flannel pants with a swim t-shirt.

\$750 Bench Mark (pick one)

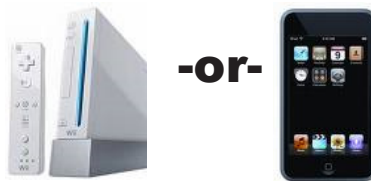
Team warm-up top, sports watch, or Ipod Shuffle.

\$1000 Bench Mark (pick one)

Full warm up suit, Game Boy or TYR competitive racing suit.

409 Clean-up Drawing

Swimmers who raise over \$409 will be entered in the drawing to win a Wii or an Ipod Touch (one entry per swimmer).



Top Squad Prize

The squad that raises the most will win a pizza party! This will be determined on a per capita basis.

Individual Prizes

The top three fundraisers on the team will receive:

First Prize

Ipod Touch (16GB) or a PSP 3000 with entertainment pack and two games of choice.

Second Prize

Ipod Nano (16GB) or a PSP 3000 with entertainment pack.

Third Prize

Ipod Nano (8GB) or PSP 3000.

NEW Family Prize

This year, we will offer a prize to swimmers who raise the most money as a family. This will be done on a per capita basis. The winning family team will get HDST team hoodies with their name on the back!

Team Benchmark

HDST hopes to raise over \$17,000 this year with an individual goal of \$250 per swimmer.

HDST Ranks 14th out of nearly 600 teams nationwide as the top per capita fundraising team in the NATION. (That's the top 3%)

February 28, 9-11am

SWIM -A- THON

Online Donation Tool

All swimmers are invited to take advantage of the HDST online payment tool.

Friends and family can now donate directly to you with their own credit card!

A. Goto:
www.hainesdolphins.org

B. Click:
Swim-a-thon is on!
Support the Dolphins - donate now!

C. "Add yourself" to the donation list.

D. Email your friends and relatives to let them know to sponsor you ONLINE!

Special thanks to **James Alborough** at **Bear Star Web Design** for setting up this wonderful tool.

2009 Team Goal \$17,000!

The Swim-a-thon is a nationally recognized fundraiser sponsored by USA Swimming. Swimmers have 2-hours to swim as many lengths as possible (max. of 200 lengths). Sponsors pledge a monetary amount based on the amount of lengths swam or simply by donating a flat rate.

Gather Pledges

Pledges can be gathered from friends, neighbors, relatives, parent's, co-workers, etc. There are two ways that a sponsor can make a pledge.

Per Length Sponsorship

This type of sponsorship is based on the number of lengths a participant swims. The sponsor specifies an amount per length that they want to pledge (i.e. \$1/length). Once the swimmer has completed the Swim-a-thon, they collect the pledge amount based on the num-

ber of lengths they completed (i.e. 50 lengths = \$50).

Swimmers will need to go back to their sponsors and collect the pledges after the Swim-a-thon.

Note: if sponsored "per length", let the sponsor know how many lengths you intend to swim and only hold them accountable for this amount regardless of whether more lengths were swam.

Flat Rate Sponsorship

Sponsors can pledge a flat rate (i.e. \$100) regardless of the lengths completed by the participant. These pledges can be collected prior to the Swim-a-thon, thus avoiding the need to return to collect pledges after the fundraiser. This is by far the simplest and most preferred method of sponsorship. (Note: Flat rate pledges should be recorded in the "Total Amount" column of the pledge sheet.