

# Haines Dolphins Community Swim Camp



Swim Camp is  
For **ALL Level**  
Swimmers

Only \$25

Don't forget your suit and goggles  
(all swimmers must have goggles,  
which are for sale at the pool).

**Got questions?**  
**Call 766-3355**

or email: [coachsteve@aptalaska.net](mailto:coachsteve@aptalaska.net)



**When: Sept 22 - Oct 3  
3:30 - 5:30**

## **Fun Club, M/W or T/TH, 4:45 - 5:30**

Skills: Must be able to float and touch the bottom of shallow end.  
With two groups to pick from, we keep the swimmer /teacher ratio low to help your swimmer learn faster.

## **Pre-C, M-F, 4:45-5:30**

Skills: Pre-C swimmers must be able to swim the WIDTH of the pool without adult help and without touching the bottom.

## **C-Level, M-F, 3:30-4:30**

Skills: C-level swimmers should be able to swim freestyle and backstroke. These swimmers should be able to swim the LENGTH of the pool unaided and without stopping.

## **B-Level, M-F, 3:30-4:30**

Skills: B-level swimmers should be able to swim freestyle and backstroke and have a good understanding of breaststroke and butterfly.

## **A-Level, M-F, 3:30-4:30**

Skills: A-level swimmers should already know how to swim all four strokes (free, fly, back and breast.) Ages 8-12.

## **Silver and Gold, M-F, 4:30-5:30**

Skills: This group is for competitive level swimmers who know how to swim all four strokes. Ages 12 and up.

## **Registration and Cost**

Registration: 15 minutes before above camp time. You can download the forms at [www.hainesdolphins.org](http://www.hainesdolphins.org) (forms will be available at the pool too).

Cost: only \$25 (includes registration fee) - fun club is \$15.  
Make checks to: HDST